hobokenschool

Bringing Montessori Home



In response to our school closure, we would like to provide you with ideas, tips and information on how to incorporate Montessori at home. These activities and resources will help keep your child engaged while at home for an extended period of time, keeping the consistent routine and order of our prepared Montessori classroom environments. If you have any questions, your child's Head Teacher will be available via email everyday.

In addition, all Administration will be accessible should you have any questions.

Here is a great New York Times article about how to talk to your children about Coronavirus



Keeping Your Child's Routine is Important.

Here are some tips on how to keep your child on schedule at home:

1. Stay on schedule by getting up at the same time as usual and getting to bed on time. Give regular breaks in order for your child to be able to stay focused.

2. Pack a lunch so they can have the feel of a regular day. Involve them!

3. Explain to your child we are going to have school at home.

4. Schedule your day so that your child has time for a self directed work cycle by setting up materials, toys, projects which they can independently choose. Incorporate time for discussions, stories, songs, and lessons with our suggested activities.

5. Begin your morning with a brief Practical Life session- helping prepare and clean the dishes from breakfast. We recommend that you continue with Practical Life throughout the day and use the link as a guide. <u>Age Appropriate Chores for Children</u>

6. American Montessori Society has several ideas in relation to bringing Montessori into your home. <u>Montessori at Home</u>

7. Printable Materials are a great way to extend the Montessori classroom materials into your home, from Language lessons to Science studies. There are great resources from sites like <u>Montessori</u> <u>Printables 1</u> and <u>Montessori Printables 2</u>

8. The Montessori app "<u>Mobile Montessori</u>" is a wonderful resource and could be used for Math, Language, Cultural, Sensorial and Practical Life. The children will be familiar with the materials and how to use them. This app is divided up by age. <u>Mobile Montessori</u>

9. Some of these apps will require the children to use a screen so you may want to monitor screen time at night.

10. Be sure that you have incorporated some gross motor throughout your day! Take a break for a dance party, a movement game, or create an obstacle course.

Fun and Games:

You can incorporate academic learning like math and language in fun ways by simply playing games!

Language Ideas

Activities: Rhyming, Opposites, I Spy, Beginning sound sorting, Ending sound sorting, Middle sound sorting, Sight words (i.e the, and, is, in, an, a), Word building depending where your child is.

Play a game called the "Sound Bag"Have your child choose a favorite letter (maybe start with the first letter of their name), practice saying the sound, and work together to see how many objects you can find around the house that start with that sound. Fill up the bag and then let your child show off their treasures!

10 literacy ideas here

Blogs We Love!

Here you will find some

great tips for creating a

Montessori-inspired

home during this time

The Montessori Notebook Montessori in Real Life How We Montessori

MOMtessori Life

Carrots are Orange

Math Ideas

Classic board and card games (like Candy Land, Chutes and Ladders, Hungry Hungry Hippos, Sneaky Snacky Squirrel, Twister, Uno, Checkers, and Chess) are all great options for this age group and incorporate counting, numbers, matching, taking turns, and practicing good sportsmanship!

More ideas here



<u>Visit Our Website Here:</u> <u>HMS</u>

Cooking at home with your kids can be a great learning experience!

Follow this link to learn fun ways to cook with your child





Practical Life

Practical Life activities are fun for children and the best ways to incorporate Montessori learning into your home routine. Remember, less is more and simple tasks can make the biggest impact on a child's confidence and willingness to contribute. You always want to set your child up for success.

For example, you can break up larger tasks into manageable portions or steps that are age-appropriate for your child.

Ideas for 2 to 6 Year Olds:

Folding small clothing, towels, or pairing socks

- Dressing/undressing
- Helping to load/unload the dishwasher
- Setting the table
- Washing dishes
- Making their bed
- Helping to feed and care for pets
- Preparing snacks
- Watering house plants
- Scrubbing tables or the floor
- Sweeping, vacuuming or dusting
- Assisting with cooking(measuring, mixing
- and chopping)
- Arranging flowers